

InterStim Office Procedure Overview

In preparation for your upcoming office evaluation, we would like to provide you with a brief overview of the InterStim office procedure. The InterStim device functions by modulating the sacral nerves. These nerves are located near the tail-bone area and are in no way associated with the nerves of the spinal cord.

The office evaluation is only designed to be a temporary solution. The purpose of the evaluation is to provide the doctor with information as to the next step of your care. In addition to the overview of the office procedure, we would like to remind you of your upcoming dates.

DATES

_____ - Office Procedure
_____ - Hospital Procedure

OFFICE EVALUATION

- During the procedure, the doctor will place two very fine leads on either side of your tail-bone just below the skin.
- The thickness of the leads are about the thickness of two strands of hair.
- During the procedure we will ask you several questions. These questions will help the doctor confirm the placement of the leads.
- When placement is confirmed, the leads will be secured by several pieces of tape to the surface of your skin.
- There will be two connection cords, one on your right-side and one on your left-side, which will plug into a power box that is about the size of a garage door opener.
- You will be able to easily control the strength of the box by using a single dial.
- The box is to be worn day and night during the evaluation.
- The evaluation will last for two to three days.
- During the test, we ask that you do not shower. However, you will be able to perform a daily sponge bath.

Your care is our main concern. So in addition to this overview, the staff will provide you with extensive instructions on the day of the procedure and answer any questions that you may have.